



LEARN



PLAY



EXPLORE



# PLANNER

Printable Blank Planner To Plan  
Your Busy Weeks With The Kids

KEEPTODDLERSBUSY.COM



### Planning The Week and Using This Planner

Let's be honest, coming up with things to do every week with your children can be a tall order. It can be exhausting and also just difficult to consistently have activities to do on a daily basis. Trust me, I feel your pain. I literally have a blog about toddler activities and still don't like planning them!

The weekends are a great time to plan for the week, particularly at the start of the week on Sundays. Coming up with activities on the go just doesn't happen for me. So here's what I do to make my life just a little easier:

1. Plan your activities to cover multiple aspects of learning! You can get all types of ideas on [keeptoddlersbusy.com](http://keeptoddlersbusy.com) as well as Pinterest. Examples include **sensory, motor skills, academic, play, exploration and just plain fun and silly activities!** (Sooooo needed)
2. Write out activities for your specific child, for each sibling if you have more than one. Tailoring to your **child's personality and interests** can have a hugely positive effect!
3. Plan social time with friends and fun time with the family!
4. **Don't over schedule yourself** and your kids. Keep your planner with you or hang it up, and check the boxes as you go.
5. Write out goals for the week and month. I will often **check milestone lists** on google to help me with my monthly goals.
6. And finally, have Fun!





## My Activity List

Movement/Exploration

Fine Motor Skills

Arts and Crafts

Sensory



**My Child**

**Playdates/Friends**

**Learning Goals**

**My Child's Current Interests**

**My Child's Questions**



## Activities To Do This Week

### Materials

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



# WEEKLY FOCUS

## GOALS

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# MONTHLY FOCUS

## GOALS

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KEEPTODDLERSBUSY.COM

*gratitude*

TURNS

WHAT WE

have into

*enough*

KEEPTODDLERSBUSY.COM

MAY YOUR

*coffee*

Be STRONGER

than your

*Toddler*